

"Back In Time"

Beginner/Improver 4 Wall Line Dance (32 Counts)

Choreographer: Robbie McGowan Hickie (UK) www.robbiemh.co.uk

Choreographed To: "She Can't Let Go" by Glenn Frey (98 bpm... 16 Count intro) CD... "No Fun Aloud"

Available from: www.amazon.co.uk ... Also available on Download from www.legalsounds.com

Alternative: "Just Like A Boomerang" by Andrés Esteche (118 bpm... 32 Count intro) (Not Phrased) CD... "Just Like A Boomerang" ... Also available on Download from iTunes & www.amazon.co.uk

Forward Rock. Left Shuffle 1/2 Turn Left. Step. Pivot 1/2 Turn Left. Right Shuffle Forward.

- 1 – 2 Rock forward on Left. Rock back on Right.
- 3&4 Left shuffle making 1/2 turn Left stepping Left. Right. Left.
- 5 – 6 Step forward on Right. Pivot 1/2 turn Left.
- 7&8 Right shuffle forward stepping Right. Left. Right. (*Facing 12 o'clock*)

Cross Rock. Chasse Left. Cross Rock. Chasse 1/4 Turn Right.

- 1 – 2 Cross rock Left over Right. Rock back on Right.
- 3&4 Step Left to Left side. Close Right beside Left. Step Left to Left side.
- 5 – 6 Cross rock Right over Left. Rock back on Left.
- 7&8 Step Right to Right side. Close Left beside Right. Make 1/4 turn Right stepping forward on Right.

Forward Rock. Triple Step Full Turn Left. Forward Rock. Right Shuffle 1/2 Turn Right.

- 1 – 2 Rock forward on Left. Rock back on Right. (*Facing 3 o'clock*)
- 3&4 Left triple step (*on the spot*) making Full turn Left stepping Left. Right. Left.
- 5 – 6 Rock forward on Right. Rock back on Left.
- 7&8 Right shuffle making 1/2 turn Right stepping Right. Left. Right. (*Facing 9 o'clock*)

Easier Option: Counts 3&4 above ... *Left Coaster Step*

Forward Rock. Behind & Cross. Side Rock. Behind & Step Forward.

- 1 – 2 Rock forward on Left. Rock back on Right.
- 3&4 Cross Left behind Right. Step Right to Right side. Cross step Left over Right.
- 5 – 6 Rock Right out to Right side. Recover weight on Left.
- 7&8 Cross Right behind Left. Step Left to Left side. Step forward on Right. (*Facing 9 o'clock*)

Start Again

*Pract n' HillRoots
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