

# This Is Me

Count: 64 Wall: 4 Level: Improver

Choreographer: Yvonne Anderson, Scotland, July 2013

Music: This Is Me Missing You by James House [iTunes]

## Notes:-

Start on main vocal, restart during wall 5 (see notes below).

To finish facing forward...music ends during wall 8, dance through to count 32, then:-

Step L forward make  $\frac{1}{4}$  turn right taking weight on R, Step L across right, hold and smile tah dah!

## [1-8]STEP SIDE, TOUCH R&L, SIDE SHUFFLE RIGHT, TOUCH

- 1-2 Step R to right, Touch L toes beside right [12]
- 3-4 Step L to left, Touch R toes beside left [12]
- 5-8 Step R to right, Step L beside right, Step R to right, Touch L toes beside right [12]

## [9-16]STEP TOUCH L&R, SIDE SHUFFLE $\frac{1}{4}$ turn LEFT, HOLD

- 1-2 Step L to left, Touch R toes beside left [12]
- 3-4 Step R to right, Touch L toes beside right [12]
- 5-8 Step L to left, Step R beside left, Make  $\frac{1}{4}$  turn left stepping L forward, Hold [9]

## [17-24]FULL TRIPLE TURN (travels forward) FORWARD MAMBO with SWEEP

- 1-4 Make a full turn left (travels forward) stepping R, L, R, Hold [9]

## (non-turning alternate...right shuffle forward, hold)

- 5-8 Rock L forward, Recover weight on R, Step L back, Sweep R out and around [9]

## [25-32]STEP BACK, SWEEP, STEP BACK, SWEEP, COASTER STEP, HOLD

- 1-4 Step R back, Sweep L out and around, Step L back, Sweep R out and around [9]
- 5-8 Step R back, Step L beside right, Step R forward, Hold [9]

## [33-40]STEP, $\frac{1}{2}$ TURN RIGHT, STEP, HOLD, SIDE ROCK, RECOVER, CROSS, HOLD

- 1-4 Step L forward, Make  $\frac{1}{2}$  turn right taking weight on R, Step L forward, Hold [3]
- 5-8 Rock R to right, Recover weight on L, Step R across left, Hold [3]

## [41-48]SIDE ROCK RECOVER, CROSS, HOLD, SIDE, BEHIND $\frac{1}{4}$ TURN RIGHT, HOLD

- 1-4 Rock L to left, Recover weight on R, Step L across right, hold [3]
- 5-8 Step R to side, Step L behind right, Make  $\frac{1}{4}$  turn right stepping R forward, Hold [6]

\*\*\*Restart: during wall 5, dance up to count 47, Step L beside right, begin again from count 1, facing 6 o'clock

## [49-56]STEP $\frac{3}{4}$ TURN RIGHT, BEHIND, $\frac{1}{4}$ SIDE, FORWARD, HOLD

- 1-4 Step L forward, Make  $\frac{1}{2}$  turn right taking weight on R, Make  $\frac{1}{4}$  turn right stepping L to left, Hold [3]
- 5-8 Step R behind left, Make  $\frac{1}{4}$  turn left stepping L to side, Step R forward, Hold [12]

**[57-64]MAMBO ½ TURN LEFT, HOLD, STEP ¼ TURN TOUCH, HOLD**

- 1-4 Rock L forward, Recover weight on R (preparing to turn), Make ½ turn left stepping L forward, Hold [6]
- 5-8 Step R forward, Make ¼ turn left taking weight on L, Touch R toes beside left, Hold

**REPEAT**