



## Little East Bound And Down

32 Count 4 Walls Beginner

Choreographed by: Britt Christoffersen (DK) (1st March 2011)

Choreographed to: Eastbound and Down by Jerry Reed

Style: Country

<b>1</b>	<b>Heel Toe, Shuffle Fw, Heel Toe, Shuffle Back</b>
123&4	Touch right heel fw, touch right toe back, Step right fw, step left beside right, step right fw
567&8	Touch left heel fw, touch left toe back, Step left back, step right beside left, step left back
<b>2</b>	<b>Coasterstep, Siderock cross, siderock cross, Side Together ¼ Turn Left</b>
1&23&4	Step right back, step left beside right, step fw on right. Step left to side, recover on right, cross left over right
5&67&8	Step right to side, recover on left, cross right over left Step left to side, step right beside left, make ¼ turn left stepping left fw
<b>3</b>	<b>Heel Hook Heel Hook, Shuffle, Rockstep, ¼ Chasse</b>
1&2&3&4	Touch right heel fw, hook right in front of left, touch right heel fw, hook right in front of left. Step right fw, step left beside right, step right fw
567&8	Rock left fw, recover onto right. Step left to side with ¼ turn left, step right beside left, step left to side
<b>4</b>	<b>Right Chasse, Backrock, Extended Left Chasse Turn ¼ Left</b>
1&234	Step right to side, step left beside right, step right to side, step back on left, recover onto right
5&6&7&8	Step left to side, step right beside left, step left to side, step right beside left, step left to side, step right beside left, step left ¼ to left

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