

Cow Boogie

Choreographer: Niels B. Poulsen (Denmark)
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Type of dance: 64 counts. 2 walls.

Level: Beg/int

Music: 'Boogie till the cows come home' by Clay Walker. Buy on iTunes or www.amazon.co.uk

Intro: 64 counts from first beat (app. 21 seconds into track). Start with weight on L foot.

YouTube video: <http://www.youtube.com/watch?v=qynbGrpmTZ4> (Walk-through and demo)

To my Danish friends – the Cowdancers – you know who you are!

Counts	Footwork	End facing
1 – 8	Kick R fw X 2, R back rock, R jazz box, fw L	
1 – 2	Kick R fw, kick R fw	12:00
3 – 4	Rock back on R, recover L	12:00
5 – 6	Cross R over L, step back on L	12:00
7 – 8	Step R small step to R side, step fw on L	12:00
9 – 16	Scuff R, step out R, swivel R heel and toe to R, swivel L heel toe heel toe to R	
1 – 2	Scuff R foot fw (in a small kick), step out on R leaving R foot pointing towards 1:30	12:00
3 – 4	Swivel R heel to R side, swivel R toe to R side	12:00
5 – 6	Swivel L heel to R side, swivel L toe to R side	12:00
7 – 8	Swivel L heel to R side, swivel L toe to R side	12:00
17 – 24	Swivel heels R, Hold, swivel heels L, Hold, swivel toes heels toes to L, Hold	
1 – 2	Swivel both heels to R side, Hold with Clap	12:00
3 – 4	Swivel both heels to L side, Hold with Clap	12:00
5 – 6	Swivel both toes to L, swivel both heels to L	12:00
7 – 8	Swivel both toes to L, Hold	12:00
25 – 32	Jazz box ¼ R, Hold, run L R L, Hold	
1 – 2	Cross R over L, step back on L	12:00
3 – 4	Turn ¼ R stepping fw on R, Hold	3:00
5 – 6	Run fw L, run fw R	3:00
7 – 8	Run fw L, Hold	3:00
33 – 40	R rocking chair, R side rock, R cross rock	
1 – 2	Rock fw on R, recover L	3:00
3 – 4	Rock back on R, recover L	3:00
5 – 6	Rock R to R side, recover L	3:00
7 – 8	Cross rock R over L, recover L	3:00
41 – 48	¼ R, L kick fw, L jazz box, R kick fw, R jazz box	
1 – 2	Turn ¼ R stepping fw on R, kick L foot fw	6:00
3 – 4	Cross L over R, step back on R	6:00
5 – 6	Step L small step to L side and slightly backwards on L, kick R fw	6:00
7 – 8	Cross R over L, step back on L (<i>note: the 2 jazz boxes travel backwards slightly</i>)	6:00
49 – 56	Toe strut ¼ R, repeat, R sailor ½ R, Hold	
1 – 2	Turn ¼ R stepping fw on R toe, step down on R foot	9:00
3 – 4	Turn ¼ R stepping L toe out to L side, step down on L	12:00
5 – 6	Cross R behind L turning ¼ R, turn another ¼ R stepping L next to R	6:00
7 – 8	Step fw R, Hold (<i>note: counts 49-56 travel towards 9:00</i>)	6:00
57 – 64	Fw L coaster into back R coaster, bring R next to L, stomp up L, stomp L	
1 – 2	Step fw L, step R next to L	6:00
3 – 4	Step back on L, step R next to L	6:00
5 – 6	Step fw L, step R next to L	6:00
7 – 8	Stomp L into floor but lifting foot up afterwards, stomp L leaving weight on L	6:00
	<i>Begin again!...</i>	
Ending	<i>On 9th wall, facing 12:00, do counts 1-8 as normal but change counts 9-18 to this:</i>	
1 – 8	Step R to R side, Hold, bring L next R, Hold, Hold, Hold, Hold, Hold (5 times Hold!)	12:00
1&2&	Step R out, step L out, bring R towards L, bring L next to R (= <i>out, out, in, in...</i>)	12:00