



Approved by:



Catch The Rain

4 WALL - 64 COUNTS - INTERMEDIATE

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1 1 & 2 3 & 4 & 5 - 6 7 & 8	Kick Ball Change, Heel Switches, Forward Rock, Shuffle 1/2 Turn Kick right forward. Step right beside left. Step onto left in place. Touch right heel forward. Step right beside left. Touch left heel forward. Step left beside right. Rock right forward. Recover onto left. Shuffle turn 1/2 turn right, stepping - right, left, right. (6:00)	Kick Ball Change Heel & Forward Rock Shuffle Turn	On the spot Turning right
Section 2 1 - 2 3 & 4 5 - 6 7 & 8	Step, Pivot 1/4, Cross Shuffle, Side Rock, Sailor Step Step left forward. Pivot 1/4 turn right. Cross left over right. Step right to right side. Cross left over right. Rock right to right side. Recover onto left. Cross right behind left. Step left to left side. Step right to place. (9:00)	Step Turn Cross Shuffle Side Rock Sailor Step	Turning right Right On the spot
Section 3 1 - 2 3 - 4 5 - 8	Touch Back, Unwind 1/2, Step, Pivot 1/4, Jazz Box Touch left toes back. Unwind 1/2 turn left stepping on left. Step right forward. Pivot 1/4 turn left. (12:00) Cross right over left. Step left back. Step right to right side. Cross left over right.	Back Unwind Step Turn Jazz Box	Turning left On the spot
Section 4 1 & 2 3 & 4 5 & 6 7 & 8 Note	3/4 Left Turning Box With Claps Step right to right side. Hold and clap twice. Turning 1/4 left step left to left side. Hold and clap. Turning 1/4 left step right to right side. Hold and clap twice. Turning 1/4 left step left to left side. Hold and clap twice. (3:00) Note When facing side walls make the box with toe struts, step touches or step holds. You can also substitute the claps by lifting hands up to shoulders, palms up as if Catching The Rain.	Side & Clap Turn & Clap Turn & Clap Turn & Clap	Right Turning left Turning left Turning left
Section 5 1 - 2 3 & 4 5 - 8 7 - 8	Cross Rock, Chasse Right, Weave Cross rock right over left. Recover onto left. Step right to right side. Close left beside right. Step right to right side. Cross left over right. Step right to side. Cross left behind right. Step right to side.	Cross Rock Side Close Side Cross Side Behind Side	On the spot Right
Section 6 1 - 2 3 & 4 5 - 6 7 - 8	Cross Rock, Chasse Left, Cross, 1/2 Turn, Cross Cross rock left over right. Recover onto right. Step left to left side. Close right beside left. Step left to left side. Cross right over left. Turning 1/4 right step left back. Turning 1/4 right step right to right side. Cross left over right. (9:00)	Cross Rock Side Close Side Cross Turn Turn Cross	On the spot Left Turning right
Section 7 1 - 2 3 - 4 5 & 6 7 - 8	Step Touches, Chasse Right, Back Rock Step right to right side. Touch left beside right. Step left to left side. Touch right beside left. Step right to right side. Close left beside right. Step right to right side. Rock left back. Recover onto right.	Right Touch Left Touch Side Close Side Back Rock	Right Left Right On the spot
Section 8 1 & 2 3 - 4 5 - 6 7 - 8 Option	Chasse Left, Back Rock, Step, Pivot 1/2, Walk x 2 Step left to left side. Close right beside left. Step left to left side. Rock right back. Recover onto left. Step right forward. Pivot 1/2 turn left. (3:00) Step right forward. Step left forward. Option Counts 7 - 8: make full turn left.	Side Close Side Back Rock Step Turn Right Left	Left On the spot Turning left Forward

Choreographed by: Peter Metelnick & Alison Biggs (UK) February 2008

Choreographed to: 'Sunshine In The Rain' by BWO (Bodies Without Organs)

(128 bpm) from Halcyon Days album;

also available on latest Linedancer mini CD

(start 32 counts in during vocals)



A video clip of this dance is available at www.linedancermagazine.com



Music available on Brother Louie CD available from www.linedancermagazine.com or call 01704 392300